



# AUSCYCLING ROAD

## Technical Guide - Thunda in Tanunda 2024

Version	Date	Description	Author
1.0	23/7/2024	First Draft	Barnaby Grant
1.1	28/8/24	Final Version	Barnaby Grant

# 1 Welcome/Introduction

This Technical Guide is for the information of participants competing in the Thunda in Tanunda Criterium at Tanunda Recreation Reserve, Tanunda on 1 September 2024.

## 2 Event Details

### 2.1 Event Description

Port Adelaide Cycling Club, supported by AusCyclingSA is hosting the event. This will be a Silver event and therefore will be conducted under the guidance of the AusCycling Technical Regulations.

### 2.2 Event Location

**Event Address:** Tanunda Recreation Reserve, Elizabeth Street, Tanunda SA 5232.

### 2.3 Event Start and Finish Times

Competition will be held on 1 September 2024 between 9.30am and 5.00pm. There are no scheduled course practice slots.

The full event schedule is as follows:

Category	Start Time	Duration
Junior C	9:30am	20 minutes
Junior D	9:31am	17 minutes
Junior A	9:50am	30 minutes
Junior B	9:51am	24 minutes
Little Critters	10:20am	20 minutes
E Grade	10:40 am	35 minutes
D Grade	11:20 am	40 minutes
Lunch break	12:00pm	30 minutes
C Grade	12:30pm	45 minutes
Course practice	1:15pm	20 minutes
<del>VIP Event</del>	<del>1:40pm</del>	<del>30 minutes</del>
B Grade	2:15pm	45 minutes
Elite Women	3:05pm	50 minutes
Elite Men	4:00pm	60 minutes

Schedule is subject to change – as much prior notice as possible will be given. Please check EntryBoss which will have the most current timetable.

### Key Contacts

The event will be delivered by Port Adelaide Cycling Club.

The contact details are as follows:

Name	Position/Title	Phone	Email
Barnaby Grant	Club Contact, Event Manager, Race Director	0449 520 222	barnaby.grant@pacc.org.au

Volunteers will be assigned roles and responsibilities to facilitate the planning and running of the event.

## 2.4 Social Media

Website: <https://www.pacc.org.au/events/2024/08/thunda-in-tanunda-criterium>

Facebook: <https://fb.me/e/29TgPlaYb>

## 3 Rider Registration

Entries are managed on EntryBoss. <https://entryboss.cc/races/21676>.

Entries will close by 5.00pm on Thursday 29 August 2024.

## 4 Team Manager Information

### 4.1 Radio Communication

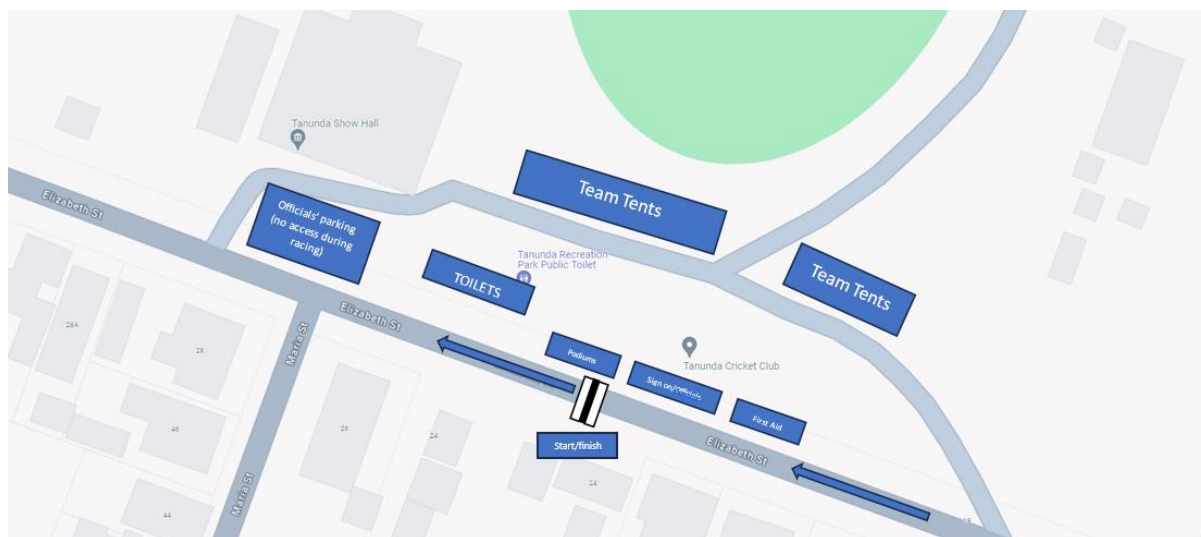
The use of radio links or other remote means of communication by or with the riders, as well as the possession of any equipment that can be used in this manner during an event, is prohibited.

### 4.2 Race Convoy

No vehicles will be allowed on course during racing.

### 4.3 Team Tents

Teams may set up tents where indicated on the Site Plan below. Marquees must be secured with weights, and no pegs may be used at any location within the Reserve. Any costs incurred by PACC in remediating or repairing the site may be passed on to teams.



## 5 Competitor Information

### 5.1 Competitor Responsibilities

Participants shall:

- Obey instructions from the Event Organisers, Commissaires and event marshals/officials.
- Employ correct etiquette and ride safely in all situations.

- Be required to wear minimum safety gear including appropriately approved helmet.
- Ensure that their bicycle is in good working order.
- Ensure they have adequate supply of water, sports drink and nutrition as required for the activity they are to participate in.
- Be responsible for ensuring they are fit enough for the activity.

## 5.2 Entry Process

Entries will be via EntryBoss. Participants must hold a valid AusCycling Race – All Discipline licence (or appropriate event or trial licence).

Riders wishing to register for a second race will need to email [president@pacc.org.au](mailto:president@pacc.org.au). A \$25 fee will apply for the second race.

## 5.3 Presentations

Presentation ceremonies will take place at the Event Village as soon as possible after the finish of each event. All place getters must present to the podium immediately following the race finish. Riders must be presented in their correct attire (race kit) with no hats or sunglasses.

Riders are encouraged to remain at the Event Village after their races to support other events.

## 5.4 Prize Money/Prizes

The winners of the Elite Men and Elite Women categories will receive a perpetual trophy. Winners must return the trophy to Port Adelaide Cycling Club upon request.

The prizes for senior grades are as follows:

Category	First Place	Second Place	Third Place	First Woman
Elite Men	250	100	50	n/a
Elite Women	250	100	50	n/a
B Grade	50	30	20	50
C Grade	40	30	20	40
D Grade	40	30	20	40
E Grade	30	20	15	30

There will be two primes in each senior race. Ciovita has provided gift vouchers to the value of \$100 for each Prime.

## 5.5 Neutral Race Support

There will be no neutral race support.

## 5.6 Race Numbers

Riders will be issued two body numbers on the day. Numbers must be affixed so as to be visible to officials on the right hand side of the course.

Numbers must not be cut, folded or modified in any way.

Riders should bring their existing Transponders. If you do not have a transponder, a temporary transponder will be available at sign-on.

Transponders must be signed back into the registration tent at the completion of the riders' last race. Any rider failing to return their temporary transponder and sign it back in will be charged \$100.

## **5.7 First Aid/Medical Services**

Professional medical services will be provided by Vivien Bing Sports Trainers. They will be onsite from village opening to village close.

The nearest hospital is the Tanunda War Memorial Hospital at 15 Mill Street, Tanunda SA 5352.

## **5.8 Race Results**

The event will be timed, recorded, displayed and publicised AusCycling. Live results will be published on the day.

## **5.9 Anti-Doping Testing**

### **5.9.1 Therapeutic Use Exemption**

All competitors may be subject to anti-doping testing under AusCycling and Sport Integrity Australia regulations.

Therapeutic Use Exemption (TUE) A TUE is an exemption that allows an athlete to use, for therapeutic purposes only, an otherwise prohibited substance or method (of administering a substance). TUE approval may protect athletes from receiving a sanction if a prohibited substance is found in their sample. Who needs to complete a TUE in-advance for Cycling?

Athletes who are:

- Competing in the Elite and U23 categories
- A member of the Registered Testing Pool, National Testing Pool or Domestic Testing Pool
- A member of a national open team/squad including athletes with a disability planning to compete at the Elite National Championships If you are currently taking any medication, please check whether this substance is banned in or out of competition via [www.globaldro.com/AU/search](http://www.globaldro.com/AU/search) Further information on the TUE process can be found on the Sport Integrity Australia (SIA) website <https://www.sportintegrity.gov.au/resources/therapeutic-use-exemption> or by calling 1300 027 23

### **5.9.2 Sport Integrity Australia App**

Any athlete and official can download the SIA app.

The SIA App has been designed with athletes in mind. The App gives a complete list of all supplements sold in Australia that have been screened for prohibited substances by an independent laboratory. The testing and certification of sports supplements cannot provide athletes a 100% safety guarantee but does significantly lower the risk of a positive test. For non-tested supplements the App gives athletes access to a quiz to assess the risk posed by highlighting key risk factors. The App can also be used to report doping, check if a medication is banned in sport, give SIA feedback on testing missions, and complete online education modules.

## **6 Technical Regulations**

The event will be conducted under the rules and regulations of AusCycling (AC) and the Union Cycliste Internationale (UCI). The AC & UCI scale of penalties will apply. For more information, please refer to the AusCycling website - <https://auscycling.org.au/page/about/governance-rules-policies>

## **6.1 Criterium**

When a recognised mishap occurs during the race (crash or mechanical), the riders involved shall be allowed a free lap on which to resume their position in the race, at the moment of the mishap. Riders who have been allowed free laps shall not be penalised in the final classification.

A rider who is ineligible for a free lap is responsible to make up any lost ground. The penalty for fraudulent use of the free lap rule may include disqualification or suspension.

No free laps shall be permitted in the last five laps of the race and any rider having taken a lap out must be back in the race before five laps to go.

### Equipment

A road bike is mandatory.

Prior to the event, commissaires may require all or any bikes to be presented for a technical inspection.

Bikes that do not comply with the following characteristics will not be permitted to start:

- Drop handlebars only
- Traditionally spoked wheels (no Disc, Tri spoke or TT wheels)
- Clipless pedals (pedal and cleat locking mechanism)
- Pedal/toe straps prohibited
- Clincher, Tubular, or Tubeless tyres are permitted
- Brakes mandatory

## **6.2 Little Critters and VIP Event**

Children (7y and under) participating in the Little Critters may ride any bike. The event will consist of participants being allowed to ride around a small portion of the main course for the duration of the event, and will be shown a checkered flag as they cross the finish line at the end of the event.

The VIP Event is an opportunity for sponsors, supporters, and representatives of organisations which have contributed to the event to be seen and celebrated. It is not a 'race', there will be no timing or results, and participants are not restricted to any particular bike style or design. All participants must use an approved helmet when riding on the course, and their bikes must have at least one working brake.

## **6.3 Feed Zone and Litter Zone**

There will be no Feed Zone or Litter Zone. Any rider discarding litter during the race may be penalised.

## **6.4 Toilet Zone**

Toilets are located within the Tanunda Recreation Reserve.

## **6.5 Lapped Riders**

Riders who have fallen behind the peloton and, in the opinion of the Commissaires, are not likely to be able to rejoin the peloton, may be removed from the race at the discretion of the Commissaires.

Riders who are about to be lapped will be removed from the race.

Where a breakaway is likely to lap the field, the Peloton may be given 1 or 2 laps to go at the discretion of the commissaires. The remaining riders in the breakaway will complete the race in the allotted time.

## 6.6 Road Closures

The race is conducted under a full road closure. All riders must respect and obey the direction of Police, Traffic Controllers, Event Staff, Officials and Volunteers.

All roads surrounding the Tanunda Recreation Reserve will be closed for the duration of the event.

Residents will be allowed to enter and leave the course in their vehicles between races.

## 7 Venue & Course Details

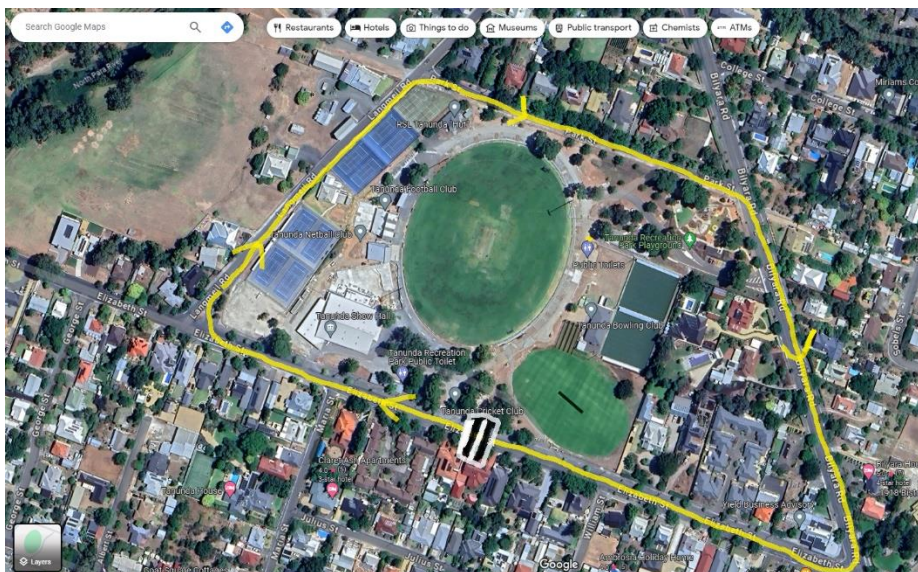
### 7.1 Event Schedule

The event schedule is set out at 2.3 above.

### 7.2 Start and Finish Locations

The race takes place entirely at the Tanunda Recreation Reserve.

### 7.3 Course Maps



## **8 Spectator Information**

### **8.1 Toilets**

Toilets are available within Tanunda Recreation Reserve.

### **8.2 Food vendors**

There will be no food supplied on site. Participants and spectators are encouraged to patronise local businesses in Tanunda.

### **8.3 Water**

Drink fountains are available within the Reserve, but participants are recommended to bring their own water.

### **8.4 Spectator viewing areas**

Spectators may view the race at any point around the course.