

Event Guide

V1.1

2021 Cyclo-Cross National Series

Round 1 | 5 June 2021

Round 2 | 6 June 2021

Hosted by Port Adelaide Cycling Club

Sanctioned by AusCycling



Acknowledgement of Country

City of Port Adelaide Enfield and Port Adelaide Cycling Club acknowledges that we are meeting on the traditional country of the Kaurna people of the Adelaide Plains and pays respect to Elders past and present and recognise and respect their cultural heritage, beliefs and relationship with the land. We acknowledge that they are of continuing importance to the Kaurna people living today.

A Kaurna translation: City of Port Adelaide Enfield and Port Adelaide Cycling Club tampintheta, ngadlu Kaurna yartangka panpapanpalyarnintheta (inparrintheta). Kaurna miyurna yaitya mathanya Wama Tarntanyaku. Parnaku yaitya, parnaku tapa purruna, parnaku yarta ngadlu tampintheta. Yalaka Kaurna miyurna itu yaitya, tapa purruna, yarta kuma puru martintheta, puru warri-apintheta, puru tangka martulayintheta.

Introduction

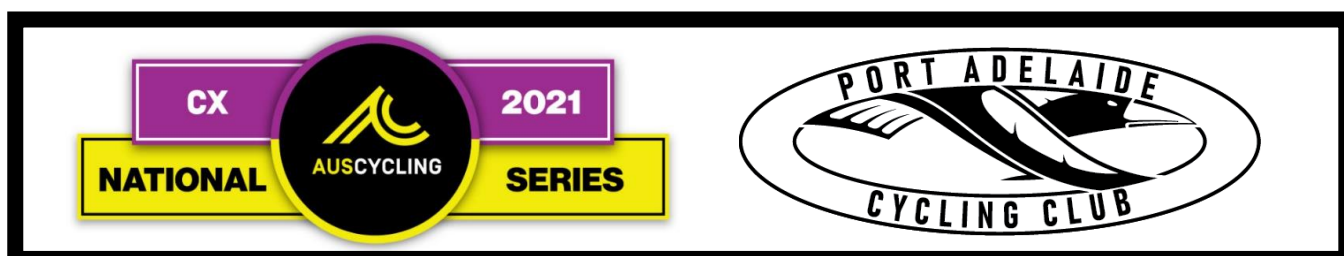
Port Adelaide Cycling Club has been hosting cyclo-cross events since 2011 and has been proud to host rounds at the National Cyclo-Cross series since it first commenced in 2013. This year, we will be introducing our interstate friends to a relatively new location in the area surrounding the Adelaide Super-Drome known as Foresters' Forest. Foresters' Forest was established in 1993 with twelve distinct forests and woodlands areas planted in an arboretum style - you'll be able to notice the different area across the course by terrain and smell.

We are fortunate to have such spaces available to us and ask you to appreciate our location – please keep the park tidy and respect the forest. We strongly recommend you warm up on the nearby access roads and the sealed shared use path adjacent the venue, as there are also extensive patches of Caltrop ('three-corner jacks' or 'goatheads') near the venue.

1. Events

Rounds 1 and 2 will both be held at the same location, but the course for each day will be slightly different. The events will be run according to the [UCI Cyclo-Cross Regulations](#) and the [2021 AusCycling CX National Series Event Guide](#).

The schedules for both Saturday and Sunday will be the same. On-site registration and sign on will open at 8:00 am each day. Entries close at 12:30pm on Wednesday 2 June and late entries are not permitted. Entries are open now at: [EntryBoss.cc](#). On the day entries are available only for Little Crossers and Junior (non series) riders. On the day entries close at 9:00 am.



2. Schedule

The following is a draft schedule for each day's racing. This is provision and subject to change based on final entry numbers. Waved starts will be used for races where multiple categories are racing at the same time.

| DRAFT SCHEDULE | | |
|----------------|--|--|
| 8:00 – 13:30 | Registration Open | |
| 8:30 – 9:30 | Course Open for Practice | |
| 9:30 – 9:45 | Little Crossers, Juniors | Modified course |
| 10:00 – 10:25 | Under 17 Men, Under 17 Women, Under 15 Men, Under 15 Women, Under 13 Men, Under 13 Women | 25 minutes 20 minutes 15 minutes |
| 10:45 – 11:30 | Masters 5 – 8 Men, Masters 5 – 8 Women, Open Women (non-series) | 45 minutes |
| 11:45 – 12:00 | Presentations | |
| 12:15 – 13:00 | Expert Men, Under 19 Men, Masters 1 – 4 Men, Open Men (non series) | 45 minutes |
| 13:15 – 13:40 | Course open for Practice (afternoon race entrants) | |
| 13:45 – 14:30 | Elite Women, Expert Women, Under 19 Women, Masters 1 – 4 Women | 45 minutes |
| 15:00 – 16:00 | Elite Men | 60 minutes |
| 16:15 | Presentations | |

| Sunday 6 June Schedule | | |
|------------------------|--|--|
| 8:00 – 13:30 | Registration Open | |
| 8:30 – 9:30 | Course Open for Practice | |
| 9:30 – 9:45 | Little Crossers, J9 and J11 | Modified course |
| 10:00 – 10:25 | Under 17 Men, Under 17 Women, Under 15 Men, Under 15 Women, Under 13 Men, Under 13 Women | 25 minutes 20 minutes 15 minutes |
| 10:45 – 11:30 | Masters 5 – 8 Men, Masters 5 – 8 Women, Open Women (non-series) | 45 minutes |
| 11:45 – 12:00 | Presentations | |
| 12:15 – 13:00 | Expert Men, Under 19 Men, Masters 1 – 4 Men, Open Men (non series) | 45 minutes |
| 13:15 – 13:40 | Course open for Practice (afternoon race entrants) | |
| 13:45 – 14:30 | Elite Women, Expert Women, Under 19 Women, Masters 1 – 4 Women | 45 minutes |
| 15:00 – 16:00 | Elite Men | 60 minutes |
| 16:15 | Presentations | |



3. Entry, Registration and Categories

Entrants to the National Series must hold an AusCycling Off-Road or All Discipline Race Membership (or a legacy MTBA or CA Race membership equivalent).

Non Cyclo-Cross bicycle riders and junior riders to U15 are welcome to compete on non Cyclo-Cross bicycles.

Age categories are calculated to align with the UCI CX 2021-22 season and as such, ages will be calculated based on rider age on 31 December 2022.

Pre-entered riders arriving at the course must first sign on, present an appropriate licence and pick up their race numbers and timing tags at the registration table. The same numbers will be used both days, but YOU MUST SIGN ON each day.

Race packs will also be available for collection at Adelaide Track League on Friday 4 June.

All riders must sign on at least 30 minutes prior to their race start time, but before 1:30pm each day.

4. COVID-19

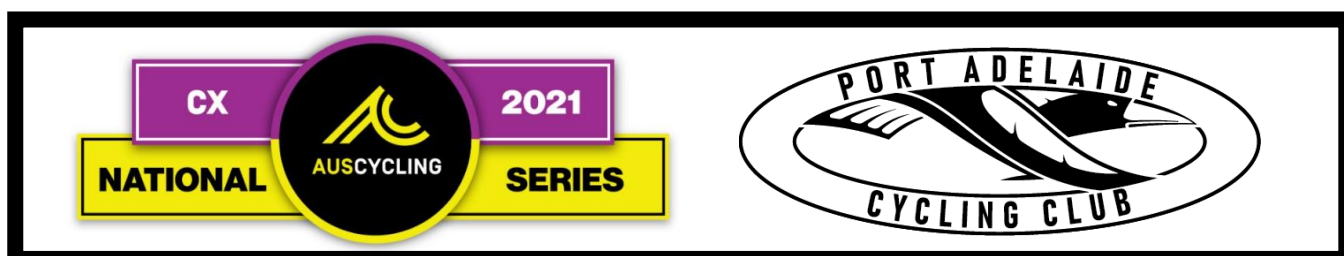
The event will be held in accordance with the requirements of South Australia's Covid-19 [Emergency Declarations](#) and Public Activities Direction in place at the time of the event.

A Covid-Safe Plan will be in place for the event, and all attendees (spectators and riders aged 16 and up) will be required to check-in using the QR code available at the venue. A manual contact tracing sheet will be available for those who do not have access to a smart phone. Note that QR check in is separate to event sign-on.

We ask that you maintain physical distancing when practicable, stand on the markers when lining up at sign-on and at food trucks. Please make use of hand sanitiser that will be available. Sign on will be contactless.

5. Number Placement and Timing Tags

Each competitor will be issued three race numbers. The position of these numbers is critical to correct placing of riders in the results. While we are using a transponder system, we still rely on YOUR number to be easily read. Shoulder numbers are to be worn on the bottom of your jersey sleeves, with the numbers facing forward. The large number is to be worn on the MIDDLE LOWER BACK of the body.



'Flat Pin" each corner of the number securely so the pin goes through the number and your jersey TWICE. Make sure when in a riding position your number doesn't fold over or flap. If you need more pins, please ask at the registration desk. You will use the same numbers on Saturday and Sunday. Numbers do not need to be returned at the end of racing.



RIGHT!



WRONG!

Timing tags will be used. Local riders must use their regular tag if they have already been issued with one. All new and interstate entrants will be issued with a new tag which can be used at any of our future road or cyclo-cross events. For interstate riders who already have one, this will be a bonus duplicate / spare and can be used on your pit bike.

The tag must be mounted as horizontally as possible on the lower part of your seat post. Cable ties will be included in your registration pack for this. If you are worried about scratches on your seat post, we recommend you wrap it with electrical tape before the event or bring along bits of inner tube.



DO NOT place your tag in your sock, or jersey pocket – it will not work.

DO NOT wrap your tag around your seat post – it will not work.

DO NOT leave your timing tag on your bike on the roof of your vehicle – it will fall off!

If you are likely to use a pit bicycle, both bicycles must have a timing tag. Additional tags can be ordered for an \$6 when registering via EntryBoss.

You must not share a pit bike with a timing tag with a competitor in your race.

Replacement tags will be issued on race day for a \$10 fee.

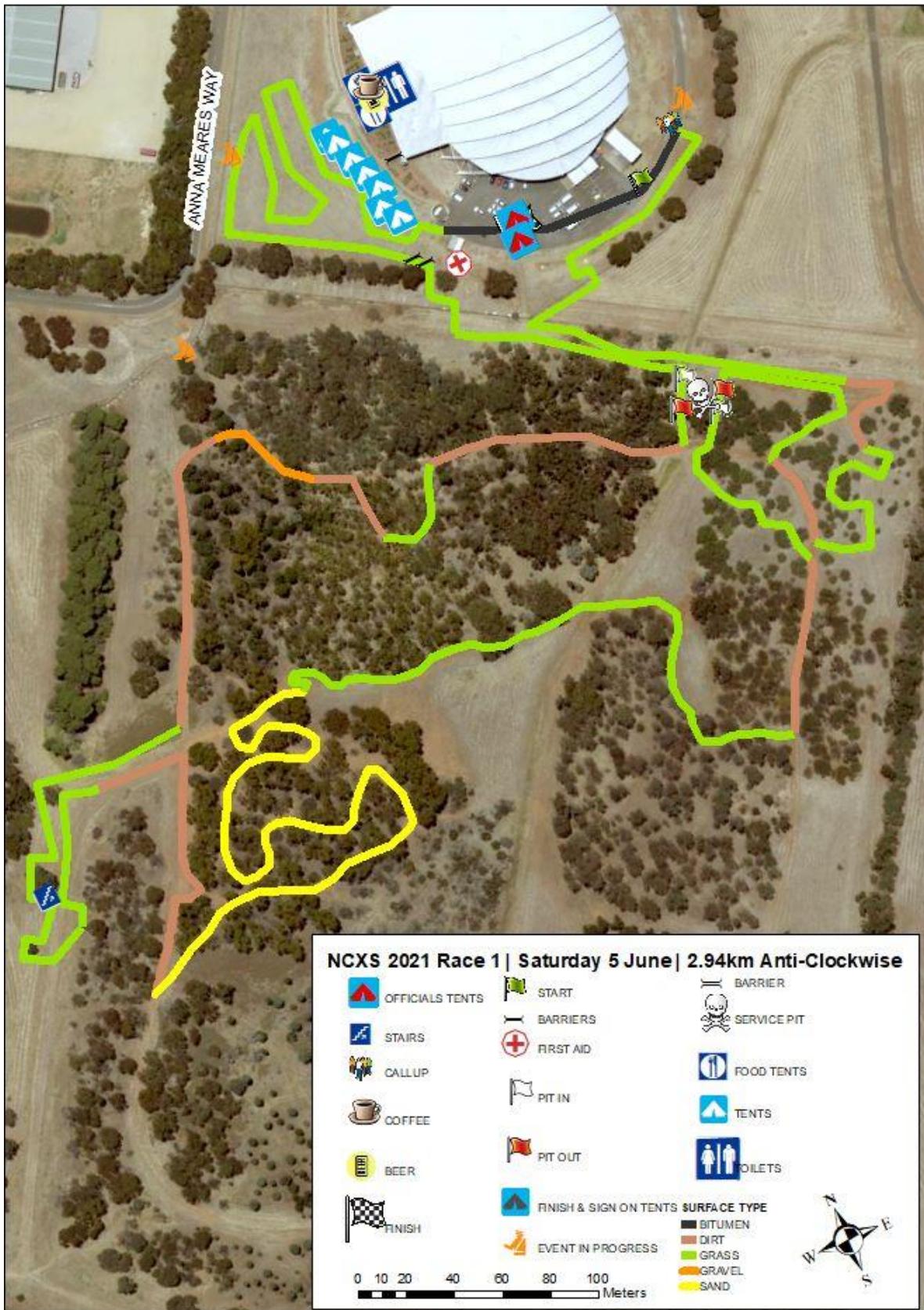
6. Course Location and Maps

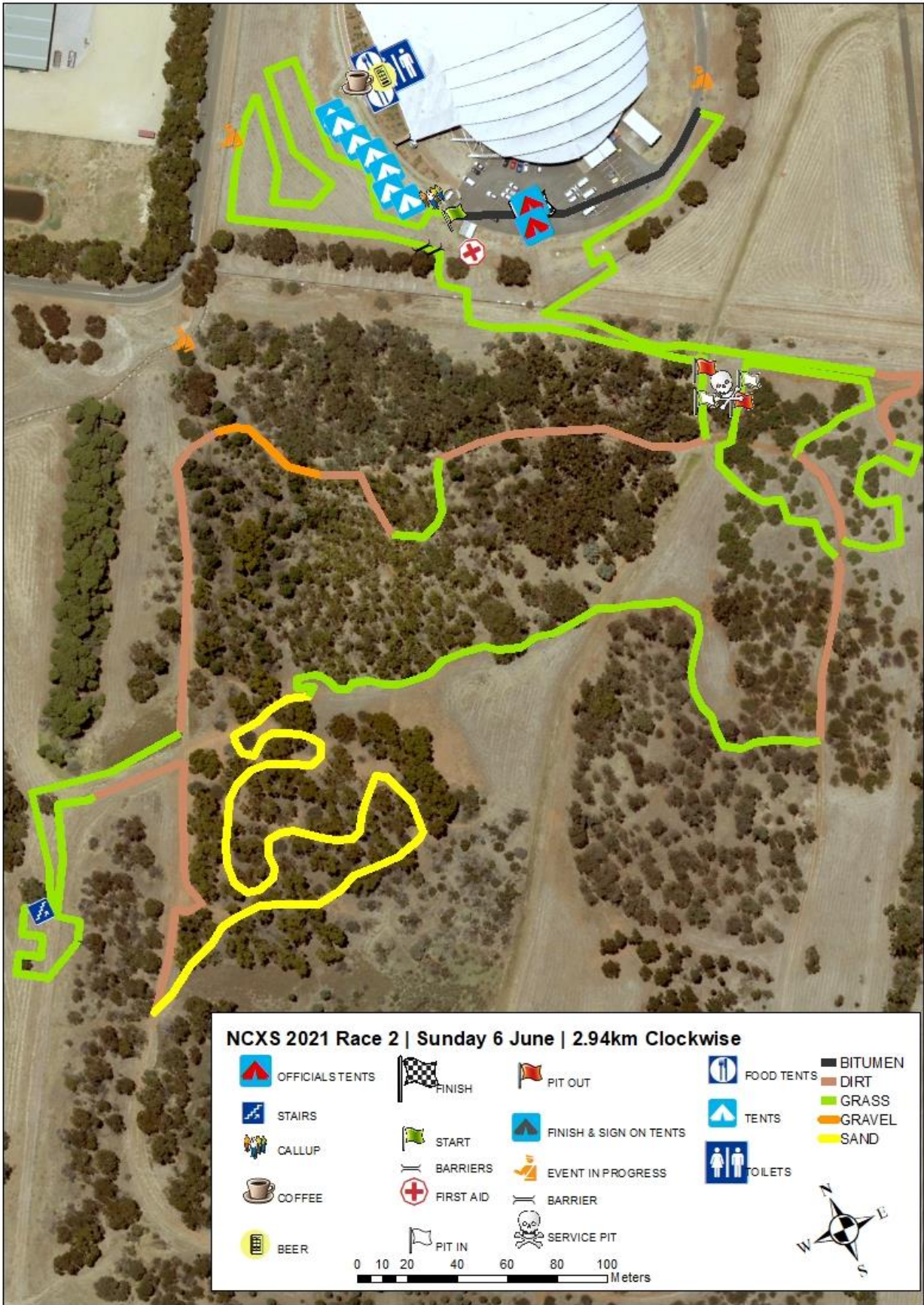
Racing for both days will be in the grounds surrounding the Adelaide Super-Drome, Anna Meares Way, Gepps Cross. Car parking is available on-site.

It is NOT permitted to drive or park vehicles on the park, other than our approved event vehicles. Teams and individuals are welcome to bring tents/tools/equipment and set up in the area designated. It is preferable that tents are weighted. If you are using pegs, they must not be driven more than 150mm deep. Exercise caution as areas of the site are irrigated.



Course Layout (Day 1 Anticlockwise, Day 2 Clockwise)





7. Training on Course and Warm Up areas

There are two official practice periods – listed on the schedule for each day. The course will be declared open for practice by the President of the Commissaire Panel prior to each period. It is NOT permitted for riders to train or warm up on course outside of the official training periods, or while a race is in progress. Riders must have signed on and have a race number visible during the warm-up sessions.

We are racing within the State Sports Park Precinct including the Foresters' Forest. When warming up we recommend you keep to clearly formed paths or roads and keep off open grassed areas. This just isn't for the protection of the arboretum but in your interest, as there are also extensive patches of Caltrop ('three-corner jacks' or 'goatheads') around the venue.. Riders are reminded of Technical Regulations which state that penalties may be applied to a rider who shows ".... negligence with respect to land on which a race is being conducted..." or "... proven disregard of land use policies set by official management ..."

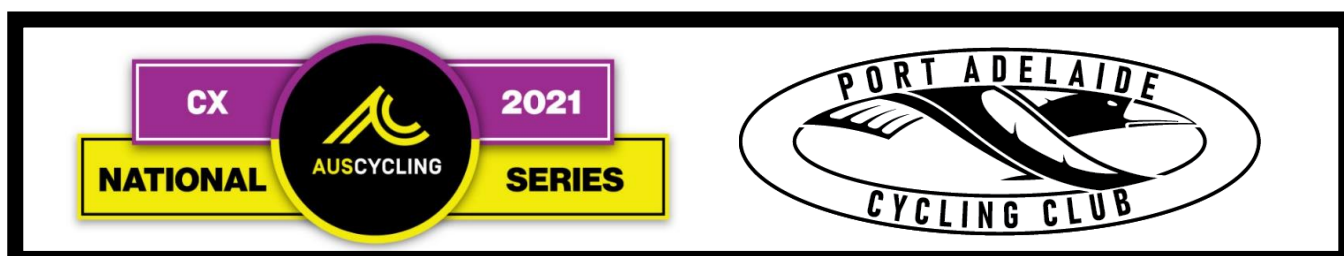
8. Start Area / Rider Call-ups

Courses will have a designated starting chute, with a staging area behind the starting grid. Riders must present to the staging area 10 minutes before the start of their race and will be called to the line one by one in the start order.

In the National Series, the start order will be as described in the the [2021 AusCycling CX National Series Event Guide](#). In the support events, riders will be started in order of registration. Bicycles will be inspected in the staging area and riders may not take the start of their bicycle does not comply with the regulations. If a rider is not present or their bicycle is not compliant, they will forfeit their call up position in the grid, and may only proceed to the line when they present and / or their bicycle is approved.

Where multiple categories are allocated the same start time in the schedule, riders shall be called up and staged by category. Where categories have insufficient riders to fill a complete start grid, they may be started together in a wave. The gaps between the start waves will be determined by the President of the Commissaire Panel.

For races where multiple categories of racing occurs at the same time, the numbers of laps to be ridden and hence the end of the race will be calculated by the first category, regardless of the waves.



9. Pits

Courses will have a double pit area. This is the only area where riders may receive technical assistance and change wheels and/or bicycles. Spectators are not allowed in the pit area. Riders should not gather in the pit area except to receive service. A neutral service may be provided but not relied upon.

No water supply is available in the pits, but buckets of water and brushes will be available. A hose will be available in the bike wash area on the event plateau.

It is recommended that timing tags are purchased for and installed on pit bicycles. Additional tags can be ordered and paid for with your entry in EntryBoss for \$6. Replacement tags will be issued on race day for a \$10 fee.

10. Feeding

Feeding (handing up of food and drink to riders by support staff) is not permitted, unless the President of the Commissaire Panel specifically announces that feeding may take place. This can be expected when race-day temperatures are likely to reach 20 degrees. In this case, feeding will be allowed from the pit lane only. This does not preclude carrying or consuming food and drink during the race.

11. Presentations

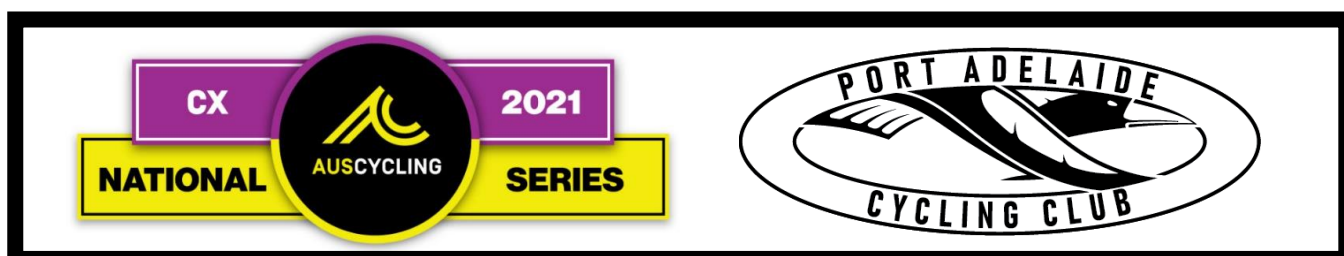
There will be two presentation ceremonies each day as shown on the schedule. All riders who place 1st to 5th in Elite, or 1st to 3rd in other categories are required to be present at presentations. Non-attendance will result in forfeiture of any prizes.

Podium Place getters may wear a hat and have sunglasses or goggles placed above their head or around their neck, but must not cover their eyes while on the podium. Gloves are not to be worn and no bottles or other items are to be carried onto the podium.

Live timing will be available at results.pacc.org.au/2021/NCXS
These results will remain provisional until published online by AusCycling.

12. Anti-Doping

All races will be conducted under AusCycling and ASADA regulations.



13. Medical

First aid / sports trainers will be available on site in case of emergency. You may seek medical assistance near the designated First Aid Area at any time during the event. If you do not supply your own strapping tape, you may be charged a fee for theirs.

The nearest hospitals are:

Lyell McEwin Hospital
Haydown Road
Elizabeth Vale SA 5112
Tel: 8182 9000

Royal Adelaide Hospital
Corner North and West Terraces
Adelaide SA 5000
Tel: 08 8222 4000

14. Accommodation

The Super-Drome is 11km north of the Adelaide CBD. You could try the Ibis Styles Manor, or one of the many accommodation options around Mawson Lakes.

15. Facilities

A touch of luxury, we will be able to utilise the toilets and change rooms at the Adelaide Super-Drome. Please respect the venue and remove any muddy shoes prior to entry..

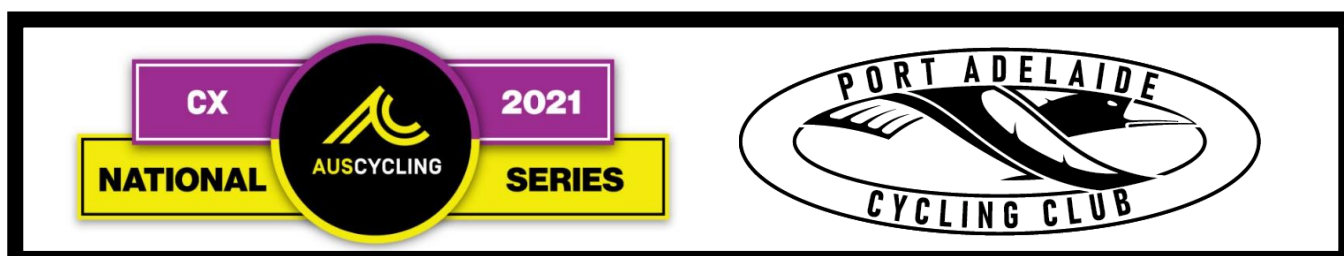
Vendors will be selling food and drink both days. Please support those who support us. Like, share and follow them on Facebook.

[Expresso Mobile Coffee – brews how you like them + light snacks](#)

[Trott Park Fencing Club](#) - Sausage Sizzle including veg / vegan options

[Pirate Life](#) - The best beer [11am-5pm Both Days for 18+] Drink up! Proceeds to Port Adelaide CC

[Gang Gang](#) - not your ordinary burger!



16. Event Staff

Event Manager: Gemma Kernich, 0413 707 925 / cx@pacc.org.au (pre-event only)
Race Director: Darren Searle – contact via radio on race day
Technical Director: Andrew Miller, AusCycling

Commissaire Panel:

President: Susan Mitchell (AusCycling Appointment)

Panel: Lorraine Schutz

Will Lyons

Commissaire: David Birks

First Aid – provided by South Australian Sports Medicine Association (SASMA) – via radio on race day

17. Sponsors

Port Adelaide Cycling Club would like to thank our club and event sponsors. Without their support, events like this just wouldn't happen.

Event Sponsors and Partners:



Port Adelaide Cycling Club Sponsors and Supporters:

