

# EVENT GUIDE

## AusCycling National Cyclo-cross Series 2023

**Round 3 | Saturday 3 June**  
**Round 4 | Sunday 4 June**

Hosted by Port Adelaide Cycling Club  
Sanctioned by AusCycling



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## 1. Acknowledgement of Country

City of Port Adelaide Enfield and Port Adelaide Cycling Club acknowledges that we are meeting on the traditional country of the Kurna people of the Adelaide Plains and pays respect to Elders past, present and emerging. We recognise and respect their cultural heritage, beliefs and relationship with the land. We acknowledge that they are of continuing importance to the Kurna people living today.

A Kurna translation: City of Port Adelaide Enfield and Port Adelaide Cycling Club tampintheta, ngadlu Kurna yartangka panpapanpalyarnintheta (inparrintheta). Kurna miyurna yaitya mathanya Wama Tarntanyaku. Parnaku yailtya, parnaku tapa purruna, parnaku yarta ngadlu tampintheta. Yalaka Kurna miyurna itu yailtya, tapa purruna, yarta kuma puru martintheta, puru warri-apintheta, puru tangka martulayintheta.

## 2. About Port Adelaide Cycling Club

Port Adelaide Cycling Club has been hosting cyclo-cross events since 2011 and has been proud to host rounds at the National Cyclo-Cross series since its inception in 2013. This year, we will be back to race in the area surrounding the Adelaide Super-Drome.

We are fortunate to have such spaces available to us and ask you to appreciate our location – please keep the park tidy and respect the native areas. Warm up on the nearby access roads, use paths and keep off the lawn and native replanted areas.

## 3. 2023 AusCycling National Cyclo-cross Series

The 2023 AusCycling National Cyclo-cross Series (the Series) is a competition which includes National level Cyclo-cross (CX) events which occur throughout the year. The Series is designed to encourage participation and recognise individual rider achievement.

The 2023 Series will consist of eight (8) rounds, plus the National Championships.

- Round 1-2 | 20-21 May | Perth, Western Australia
- Round 3-4 | 3-4 June | Adelaide, South Australia
- Round 5-6 | 17-18 June | Ipswich, Queensland
- Round 7-8 | 8-9 July | Sydney, New South Wales
- 2023 AusCycling Cyclo-cross National Championships | 19-20 August | Ballarat, Victoria

The scoring and points allocation will be determined by the riders scores of all rounds plus National Championships. Further information about the Series can be found on the [AusCycling website](#).

## 4. Race Categories

Race categories are based on 2024 ages to align with the UCI approach to the year of competition.

Please note that there is no U23 category for the National Cyclo-cross Series.

<b>AusCycling National Cyclo-cross Series Categories – 2023</b>			
<b>Category</b>	<b>Age</b>	<b>Code</b>	<b>Years</b>
Elite	19 years and over	ME; WE	2005 and older
Expert	19-29 years	MX; WX	1995 to 2005
Masters 1	30-34 years	M1; W1	1990 to 1994
Masters 2	35-39 years	M2; W2	1985 to 1989
Masters 3	40-44 years	M3; W3	1980 to 1984
Masters 4	45-49 years	M4; W4	1975 to 1979
Masters 5	50-54 years	M5; W5	1970 to 1974
Masters 6	55-59 years	M6; W6	1965 to 1969
Masters 7	60-64 years	M7; W7	1960 to 1964
Masters 8	65-69 years	M8; W8	1955 to 1959
Junior (U19)	18 years and under	MJ; WJ	2006, 2007
U17	16 years and under	M17; W17	2008, 2009
U15	14 years and under	M15; W15	2010, 2011
U13	11-12 years	M13, W13	2012, 2013

## 5. Event details

Rounds 3 and 4 of the Series will both be held at the same location, but the course for each day will be slightly different. The events will be run according to the [AusCycling Technical Regulations: Cyclo-cross](#) as published on the AusCycling website.

All up to date information will be available via the PACC website with other information available on social media channels:

- PACC website | [pacc.org.au](http://pacc.org.au)
- PACC Facebook page | <https://www.facebook.com/PortAdelCC>
- PACC Instagram account | <https://www.instagram.com/portadelcc>

We'd love to share in your experiences of racing with us. Please use the official event hashtags when posting to social media:

#NCXS23 #AusCycling #pacccx

## 6. Schedule

The schedules for both Saturday and Sunday will be the same. On site registration / sign on will open at 8:00 am each day. The following is a draft schedule for each day's racing. This is provisional and subject to change based on final entry numbers. Waved starts will be used for races where multiple categories are racing at the same time.

Draft Schedule		
8:00 – 13:30	Registration Open	
8:30 – 9:30	Course Open for Practice after announcement by PCP	
9:30 – 9:45	Little Crossers, Juniors	Modified course
10:00 – 10:30	Under 17 Men, Under 17 Women, Under 15 Men, Under 15 Women, Under 13 Men, Under 13 Women	30 minutes 30 minutes 15 minutes
10:45 – 11:30	Masters 5 – 8 Men, Masters 5 – 8 Women, Open Women (non series)	45 minutes
11:45 – 12:00	Presentations	
12:15 – 13:00	Expert Men, Under 19 Men, Masters 1 – 4 Men, Open Men (non series)	45 minutes
13:15 – 13:40	Course open for Practice (afternoon race entrants) after announcement by PCP	
13:45 – 14:30	Elite Women, Expert Women, Under 19 Women, Masters 1 – 4 Women	45 minutes
15:00 – 16:00	Elite Men	60 minutes
16:15	Presentations	

## 7. Entry | Registration | Membership requirements

This Series is only open to members of AusCycling who hold a Race All-Discipline or Race Off-Road membership and meet Event Category eligibility. Non-Series categories can be entered by temporary members.

Entries via <https://entryboss.cc/calendar/pacc> close on Wednesday, 31 May 2023. Late entries will not be permitted.

Riders arriving at the course must first sign on, present an appropriate license, and pick up their race numbers and timing tags. You **MUST SIGN ON** each day.

All riders must sign on at least 30 minutes prior to their race start time, but before 1:30 pm each day.

## 8. Number placement | Timing Tags

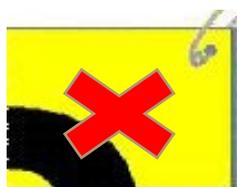
### Race numbers and placement

Each rider will be issued three (3) race numbers. The position of these numbers is critical to correct placing of riders in the results. While we are using an electronic timing system, we still rely on your race number to be easily read.

Shoulder numbers are to be worn on the bottom of your jersey sleeves (short sleeves), with the numbers facing forward. The large number is to be worn on the middle, lower back of the body. Make sure when in a riding position your number doesn't fold over or flap. If you need more pins, please ask at the registration desk.



**RIGHT!**



**WRONG!**

You will use the same numbers on Saturday and Sunday. Numbers do not need to be returned at the end of racing.

## Timing Tags

Timing tags will be used for timing purposes. Local riders must use their regular tag if they have already been issued with one. All new and interstate entrants will be issued with a new tag which can be used at any of our future road or cyclo-cross events. For interstate riders who already have one, this will be a bonus duplicate / spare and can be used on your pit bike.

The tag must be mounted as horizontally as possible on the lower part of your seat post. Cable ties will be included in your registration pack for this. If you are worried about scratches on your seat post, we recommend you wrap it with electrical tape before the event or bring along bits of inner tube.



DO NOT place your tag in your sock or jersey pocket – it will not work.

DO NOT wrap your tag around your seat post  
DOT NOT leave your tag on your bike on the roof of your vehicle – it will fall off!

DO NOT share a pit bike with a competitor in your race.

If you are likely to use a pit bicycle, both bicycles must have a timing tag. Additional tags can be ordered for \$6 when registering via EntryBoss.

Replacement tags will be issued on race day for a \$10 fee.

## 9. Course Location

### Race venue

Racing for both days will be in Forester's Forest – the area around the Adelaide Super-Drome at Gepps Cross. It is 12km from the Adelaide CBD, and only 16km from Adelaide Airport.

Being near the Super-Drome, we have access to showers, change rooms and toilets.

### Course map

Course maps will be released closer to the race date.

## 10. Practice | Warm up

There are two official practice periods for each day, as listed on the schedule. The course will be declared open for practice by the President of the Commissaires Panel (PCP) prior to each period. It is not permitted for riders to train or warm up on course outside of the official training periods, or while a race is in progress.

Riders must have signed on and have a race number visible during the warm up sessions.

When warming up, please keep to formed paths and paddock graded areas and keep off mulched native vegetation plantings, playing fields and sports pitches. Riders are reminded of National Technical Regulations which state that penalties may be applied to a rider who shows “... negligence with respect to land on which a race is being conducted...” or “... proven disregard of land use policies set by official management ...”

## 11. Start area | Rider call ups

Courses will have a designated starting chute, with a staging area behind the starting grid. Riders must present to the staging area 10 minutes before the start of their race and will be called to the line one by one in the start order.

In the National Series, the start order will be as described by AusCycling. In the non-series events (Little Crossers, U9, U11 and Open), riders will be started in order of registration. Bicycles may be inspected in the staging area and riders will not be able to take the start if their bicycle does not comply with the regulations. If a rider is not present or their bicycle is not compliant, they will forfeit their call up position in the grid, and may only proceed to the line when they present and/or their bicycle is approved.

Call-ups will not be changed between rounds.

Where multiple categories are allocated the same start time in the schedule, riders shall be called up and staged by category. Where categories have insufficient riders to fill a complete start grid, they may be started together in a wave. The gaps between the start waves will be determined by the PCP.

For races where multiple categories of racing occurs at the same time, the number of laps to be ridden, and hence the end of the race, will be calculated by the first category, regardless of the waves.

## 12. Pits

Courses will have a double pit area. This is the only area where riders may receive technical assistance and change wheels and/or bicycles. Spectators are not allowed in the pit area. Riders should not gather in the pit area except to receive service. A neutral service may be provided but not relied upon.

No water supply is available in the pits, but buckets of water and brushes will be available. A host will be available in the bike wash area near the Super-Drome.

It is required that timing tags are installed on pit bicycles. Additional tags can be ordered and paid for with your entry in EntryBoss.

## 13. Feeding | Hand ups

Feeding or hand ups (handing up of food and drink to riders by support staff) is not permitted, unless the PCP specifically announces that feeding may take place. This can be expected when race-day temperatures are likely to reach 20 degrees. In this case, feeding will be allowed from the pit lane only. This does not preclude carrying or consuming food and drink during the race.

## 14. Timing and results

Live timing will be available. Please follow the link below (or follow the link published on social media as racing commences) <http://results.pacc.org.au/2023/NCXS> .

Results will remain provisional until published online by AusCycling.

## 15. Presentations

There will be two (2) presentation ceremonies each day as shown on the race schedule. All riders who place 1st to 5th in Elite, or 1st to 3rd in other categories are required to be present at presentations. Non-attendance may result in forfeiture of any prizes.

Podium placegetters may wear a hat and have sunglasses placed above their head or around their neck but must not cover their eyes while on the podium.

AusCycling medals will be presented to 1st, 2nd and 3rd placegetters in each category.

## 16. Anti-doping

All races will be conducted under AusCycling and Sports Integrity Australia regulations.

## 17. Facilities

### Parking

Car parking is available on-site. It is not permitted to drive or park vehicles on the parkland, other than approved event vehicles.

### Team Tents

Teams and individuals are welcome to bring tents / tools / equipment and set up in the area designated. It is preferable that tents are weighted. If you are using pegs, they must not be driven more than 150mm deep. Exercise caution as areas of the site are irrigated. The venue will be locked, but not monitored overnight, so leave items on location at your own discretion.

### Toilets | Change Rooms

Toilets, showers and changerooms are available in the Super-Drome. Please be considerate and limit any mud entering the venue. Bikes are to be kept outdoors.

### Food and Beverages

There will be delicious treats for sale each day. Please support those who support us!

- [Sookii Lala Street Food](#) - Amazing street food – burgers, bowls noodles and salad (Sunday only)
- [Trott Park Fencing Club](#) - Traditional sausage sizzle fare including vegan and vegetarian options (Saturday only)
- [Later Gator](#) - Serving up coffee both days, with vegan treats available

## 18. Accommodation

The Super-Drome is 11km north of the Adelaide CBD. You could try the Ibis Styles Manor, or one of the many accommodation options around Mawson Lakes.

## 19. Event staff

Event Manager: PACC Committee – [committee@pacc.org.au](mailto:committee@pacc.org.au) (pre-event only)

Technical Director: Andrew Miller, AusCycling (for questions regarding the Series)

Race Secretary: Paula Hollamby – [paula.hollamby@pacc.org.au](mailto:paula.hollamby@pacc.org.au) (pre-event only)

### Commissaire Panel (appointed by AusCycling)

President: Susan Mitchell

Panel: Kimberley Conte  
William Lyons  
Joe Mullan

## 20. Medical

First aid will be available on site in case of emergency, provided by South Australian Sports Medicine Association. You may seek medical assistance near the designated First Aid Area at any time during the event. If you do not supply your own strapping tape, you may be charged a fee for theirs.

The nearest hospitals are:

Lyell McEwin Hospital  
Haydown Road  
Elizabeth Vale SA 5112  
Tel: 8182 9000

Royal Adelaide Hospital  
Corner North and West Terraces  
Adelaide SA 5000  
Tel: 08 8222 4000

## 21. Sponsors

PACC is sponsored and supported by a range of local businesses. Please support those who support us!



## 22. Additional resources and information

[2023 AusCycling National Cyclo-cross Series Guide](#)

All events will be conducted in accordance with the AusCycling Technical Regulations:

- [Technical Regulations: General](#)
- [Technical Regulations: Cyclo-cross](#)